General Camp Info/What to Bring Daily

Arrive at Camp: Sunday June 25th at 1:00 PM **please eat a good, healthy lunch prior to arrival!!

- Monday-Wednesday arrive at camp at 8:20 (warm-ups start at 8:30) Bring refillable water bottle, any braces/tape/pre-wrap/medications
- Please refer to the Camp schedule for all pick-up and activity times!
- **Hells Gate BBQ**: families are welcome to stay and eat dinner/play games/swim Please sign up in office by Wednesday June 21st if eating so we can purchase enough food (campers and host families are included in the BBQ, additional family members are \$5/per person)
- Aquatic Center: We will pay for all campers and host families. This is family night, so your family is welcome to attend as well
- **Wednesday Sleepover**: Campers stay at the gym for dinner and evening activities. Please do NOT bring sleepover stuff until after 6:00 PM (they will need pillow/blanket or sleeping bag, pajamas, toothbrush, etc)! If a camper is not sleeping over, please pick up by 11:00 PM (movies will start between 9:00-10:00 PM)

What you will need for Camp:

- Leotard/shorts for 4 days (we recommend a clean leo every day, please do not re-wear a leo if it has not been washed)
- Paint shirt for Sunday evening activity at the gym
- Swimsuit/towel/sunscreen for Monday & Tuesday evening activities
- Bring tennis shoes to gym Wednesday morning for rock climbing rotation
- Additional snacks/lunch if you will not eat what is being provided (see Camp Snacks & Meals sheet)
- Change for vending machines for Wednesday night at the gym (or bring snacks/drinks for sleepover)

Camp Photos/Videos:

- Please see our Camp 360 event on our FB page for daily photo/video updates
- An email link with all the camp photos will be sent within the week following camp

Emergency Contact:

• If you need to reach your child during camp: Please call the gym first at 509-758-3494. Diana or Lisa should be available to take phone calls. If no one answers, please call Jennie at 208-750-6449